

ANORECTAL MANOMETRY

Your doctor has ordered an Anorectal Manometry study for you. This test is completed by a nurse. This is a test that measures the muscle strength in the Anal Canal.

HOW IT IS DONE:	 ✓ A small tube will be inserted into the rectum. There is a small balloon on the end of the tube. ✓ Once it is placed into the rectum, the balloon will be inflated in intervals in order to measure pressures throughout the testing. ✓ The test will take about 45 minutes.
HOW TO PREPARE:	 ✓ There are NO dietary restrictions. ✓ No sedation is given, so you do not need a driver. ✓ Please complete 2 fleet enemas (sold over the counter) 2 hours prior to your test. ✓ Arrive 30 minutes prior to scheduled time.

Test results will be given to you by your physician at a later date. Please allow 7-10 days for test results.

Thank you for following these instructions.