

ESOPHAGEAL MANOMETRY STUDY

Your physician has ordered this test for you which involves measuring the pressure and muscle action of the upper GI tract. A small, flexible tube is inserted into your nose and down into your stomach. This is done without sedation and is done very gently. The catheter is connected to a very complex machine. This test helps your doctor diagnose your illness and plan of treatment.

PLEASE READ AND FOLLOW THESE INSTRUCTIONS:

	On the day before your test, you may eat your regular meals.
	Nothing to eat or drink after midnight before your test - this includes medicines, nitoglycerins, gum or mints. Do not swallow toothpaste and do not smoke.
	Wear a shirt/blouse that buttons down the front.
*	You will need to check in at the office front desk 30 minutes prior to your test.
	You will be at our office approximately 1 hour.
	You do NOT need a driver - this is done without sedation.
	Test results will be given to you by your physician at a later date.

Thank you for following these instructions.

Questions?