

## PREPARING FOR YOUR FIBROSCAN

Your physician has recommended you have a FibroScan of your liver.

FibroScan is a specialized ultrasound machine for your liver. It measures fibrosis (scarring) and steatosis (fatty change) in your liver. Fatty change is when fat builds up in your liver cells. You will lie on a cushioned table and gel will be applied to your skin, the gel acts as a conductor. A transducer, a hand-held device that sends and receives ultrasound signals, is moved over the area of your body being imaged.

**Risks and discomforts:** The gel may be sticky, but the test should not cause any pain or discomfort. You may return to your normal diet and daily activities following this test.

### Preparation:

- Wear comfortable, loose-fitting clothing, such as sweatpants and a T-shirt.
- Do not eat or drink anything for **3 hours** prior to your test.
- Do not consume alcohol for **48 hours** prior to your test.
- If you suspect you are **pregnant**, please notify your ordering physician - this test cannot be performed at this time.
- If you have any **implanted electronic devices** (examples = pacemaker, defibrillator, etc.), please notify your ordering physician - this test cannot be performed at this time.

### Questions?

Call our office during business hours (8:00am - 4:30pm) at 614-754-5500 or visit [ohiogastro.com](http://ohiogastro.com)