

PREPARING FOR YOUR EGD (GLP-1)

MEDICATIONS

- Please make sure you do not have your **GLP-1** medication for 7 days prior to your procedure. Please call to reschedule if you have had it during this time.
- Please remain on your blood thinners. However, if you take blood thinners and you are having this procedure because of difficulty swallowing or for stricture dilation, please call our office as soon as possible.
- If you are using INSULIN-please contact your prescribing physician for instructions.
- Antibiotics are not an ASGE standard for endoscopy procedures.

DIET INSTRUCTIONS

- Clear liquid diet only on the day prior to your appointment. No solid foods!
- You can drink Clear liquids up to 4 hours prior to the arrival time on the day of your procedure.
- **DO NOT have anything by mouth prior to your arrival time. DO NOT chew gum, have hard candy, have lozenges, or drink water. Your procedure will be delayed or cancelled.**

DAY OF THE PROCEDURE

- Take your regularly scheduled medication with sips of water, including heart and blood pressure medications at least 4 hours prior to arrival time.
- Arrive **ONE** hour before your procedure schedule time.
- Bring ONLY your insurance cards, photo I.D. and a list of your current medications. We are not responsible for personal items.
- Plan to be at the facility for at least 2 hours.
- We require a responsible adult to be with you at the time of discharge so the doctor and nurses can explain the findings and follow-up care that will be needed.
- Although we take the necessary steps to maintain your safety, our procedures are not without risk. Please have definite arrangements for a driver to take you home. We ask that the person you select be able to stay on the premises in case an emergency should occur. – **If a driver cannot be confirmed, your procedure will not be completed with sedation/may need to be rescheduled.** FOR YOUR SAFETY, TAXICABS AND THE CITY BUS CANNOT BE USED TO GET HOME.

Thank you for following these instructions.

If you have any questions regarding your upcoming procedure, please call our office at **614-754-5500**.